

NICK JONSSON

About:

Nick Jonsson is a pillar of inspiration in the realms of business networking and physical and mental health advocacy. As the co-founder and Managing Director of Executives' Global Network (EGN) in Singapore, Malaysia, and Indonesia, he has been instrumental in fostering a vital community for over 900 senior executives and business owners. This network provides a confidential setting for sharing challenges and exchanging insights, exemplifying Nick's commitment to nurturing professional growth alongside personal well-being.

His deep-seated dedication to mental, physical, and emotional health, spurred by his own life experiences, led to the authoring of his #1 international bestseller, "Executive Loneliness." This important work confronts the critical issues of isolation, stress, anxiety, and depression within the corporate landscape. Nick's insights have garnered extensive recognition, with features in over 30 newspapers and magazines, including the Business Times and the Straits Times. His influence extends to television, with appearances on Channel News Asia (CNA), and is amplified in over 100 international podcasts.

Nick's status as a thought leader in the business world is further solidified by his accolade as a LinkedIn Top Voice 2023. His visionary stewardship of EGN, which saw a 325% membership growth during the pandemic, earned him the Entrepreneurs 100 Award 2021. Additionally, he was named one of Asia Pacific's 50 Leading Lights on World Kindness Day 2021.

Significantly, Nick's passion for mental health advocacy led to his recognition as a finalist at the prestigious Inside Out Mental Health Awards in London, UK. This honor highlights his commitment to championing mental well-being in the workplace and beyond.

Beyond the boardroom, Nick's dedication to personal excellence and community service is evident in his work with charitable organizations and his volunteer efforts with the Samaritans (SOS) in Singapore. His athletic prowess is showcased in his top 2% global ranking in his age group at the Ironman triathlon in 2023, demonstrating his resilience and goal-driven mindset.

In summary, Nick Jonsson stands as a role model of inspiration, advocating for a life of holistic happiness, resilience, and mutual support. His impactful leadership, advocacy for mental health, and personal achievements make him a significant figure in shaping modern business culture and personal development.